



Encounter Community Counseling Center, LLC

SUPPORTIVE GROUP INTENSIVE WEEKENDS

Events will be limited to 8 participants. This is on a first come basis for scheduling. Make sure to call and reserve your spot.

601-613-1240

Keep in mind when booking hotel reservations or other expenses that we reserve the right to cancel up to a week before the date of the event.

May 22 & 23, 2021

Saturday & Sunday
10:00am – 4:00pm

\$200 per Individual

THE PAST DOES NOT DEFINE YOUR FUTURE

As you work towards a healing of past hurts, you become a stronger, healthier, well rounded individual. This in turn allows you to help other people who have been through some of the same struggles that you have been through. Healing begins when you encounter community. When we begin to see through each other's eyes. In this group we will share our struggles and strengths with each other.

July 17 & 18, 2021

MOVING FROM AVOIDANCE TO APPROACH

Saturday & Sunday
10:00am – 4:00pm

\$200 per Individual

Avoidance is making a conscious effort to stay away from a certain problem or issue. Approach is making a conscious effort to deal with a certain problem or issue. Have you ever felt stuck not knowing how to move forward? Are you avoiding life events, people, places, or situations? Are you fearful of approaching others, places, or events? Does anxiety, fear of the unknown, grief, or depression paralyze you and limit you from everyday activities? This workshop is for you to learn to approach life and stop the avoidance trap. The group will help each other to approach new and adequate solutions.

September 18 & 19, 2021

DEALING WITH UNMET EXPECTATIONS

Saturday & Sunday
10:00am – 4:00pm

\$200 per Individual

Have you ever thought a situation would turn out certain way? Have you ever been dissatisfied when someone did not do what they said they would do? Did you ever expect more of yourself, or someone else and was disappointed? This will be a time for you to process the root of unmet expectations. Why you get disappointed or even how to avoid it? With help from the group, you will learn to let go and even find resolution.

November 6 & 7, 2021

COMMUNICATION (THE GOOD & BAD)

Saturday & Sunday
10:00am – 4:00pm

\$200 per Individual

Do you feel unheard or like you do not matter? Do you struggle to listen? Communication is more than just talking. It is active listening and finding ways to get your point across. This will give you the ability to communicate the good and the bad with a better understanding of each other. The healing is in the role reversal. Surplus reality makes it possible to see through another person's eyes.